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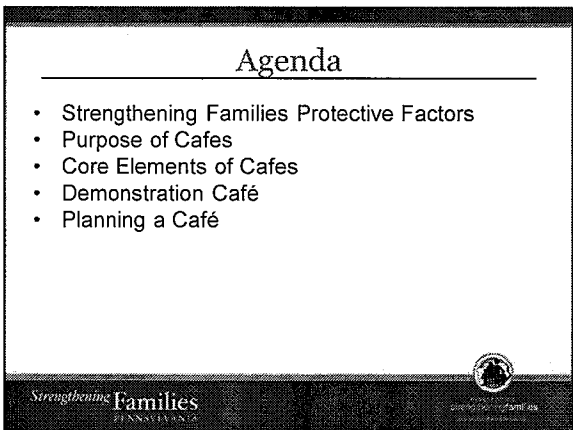
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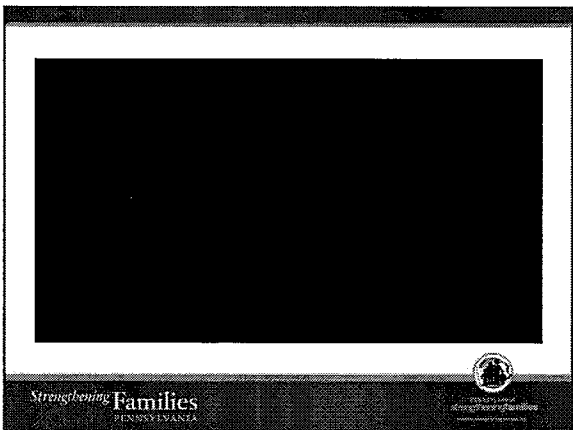
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### Why Cafes?

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- Community conversations
- Pennsylvania's history
- Strengthening Families Protective Factors Framework



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### Five Protective Factors

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1. Parental resilience
2. Social connections
3. Knowledge of parenting and child development
4. Concrete support in times of need
5. Social and emotional competence of children



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### Purpose of Cafes

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Cafes provide opportunities to:

- Build connections
- Develop personally and as parents
- Identify community needs and resources
- Build leadership
- Build protective factors



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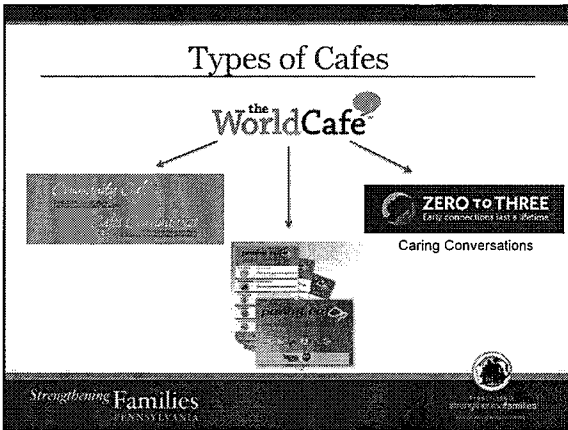
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### Core Elements of Cafes

Cafes bring parents/caregivers and others together to build positive relationships with each other and to strengthen families and communities.

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015

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### Core Elements of Cafes

Café themes and questions are relevant, generative, thought provoking and appropriate to the prospective guests (participants)

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015

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**Core Elements of Cafes**

Cafes are scheduled and structured to allow the space and time for meaningful conversations

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015

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**Core Elements of Cafes**

All aspects of Café planning, communication and hosting are strength-based and involve parents/caregivers as leaders

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015

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**Core Elements of Cafes**

Cafes are safe places – both emotionally and physically – and safety is intentionally created and maintained by the group

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015

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**Core Elements of Cafes**

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Cafes are built around meaningful conversations in large and small groups among people who may or may not know each other well

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015

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**Core Elements of Cafes**

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Harvests are a part of every café design

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015

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**Core Elements of Cafes**

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All people hosting cafes are prepared

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015

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### Core Elements of Cafes

Cafes intentionally build Strengthening Families Protective Factors

Center for the Study of Social Policy, Café Overview and Fidelity Checklist, 2015



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### Café Process

- Welcome
- Introduce the theme and protective factors
- One on one conversation
- Café conversations
- Commitment
- Harvest café conversations
- Closing



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### Café Agreements/Ground Rules

- Speak from your own experience – I statements
- Listen attentively – do not interrupt
- No judgments – positive or negative
- Confidentiality – stays here
- Do not give advice
- Turn your cell phone off



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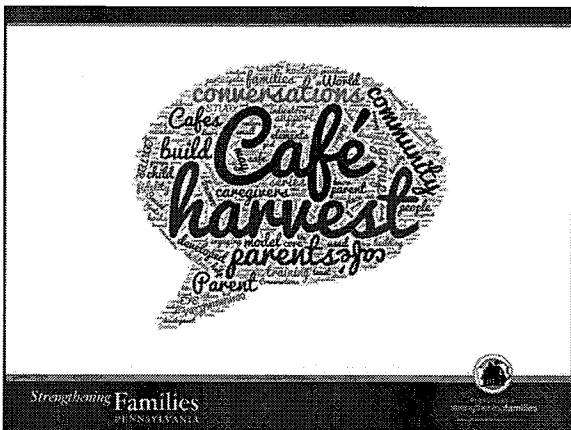
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### Planning a Café – Who?

- Planning Committee
  - Partners
  - Roles
- Audience

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### Planning a Café – What?

- Type of Café
- Theme
- Process
- Evaluation

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**Planning a Café – How?**

- Resources Needed
- Logistics
- Training for hosts
- Process/Timing



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**Planning a Café – Now What?**

- Evaluation results
- Planning future Cafes
- Engaging parents beyond cafes



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**Pennsylvania Strongngthening Families**

Professional Development:

- Strongngthening Families Protective Factors
- Be Strong Parent Café Training Institutes
- General Café Instruction



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## Resources

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- Center for the Study of Social Policy  
– [www.cssp.org/reform/strengtheningfamilies/practice/](http://www.cssp.org/reform/strengtheningfamilies/practice/)
- Be Strong Families  
– [www.bestrongfamilies.net](http://www.bestrongfamilies.net)
- Zero to Three – Caring Conversations Café Model  
– <https://www.zerotothree.org/resources/657-caring-conversations-cafe-model-facilitator-guide>
- The Community Café  
– [www.thecommunitycafe.com](http://www.thecommunitycafe.com)


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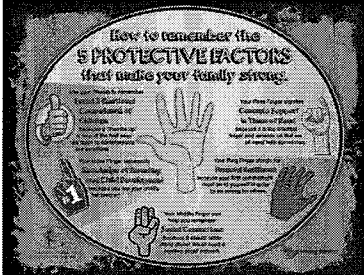
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## What Makes Your Family Strong?



<http://www.whatmakesyourfamilystrong.org/RememberProtectiveFactors.html>


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## Contact

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Rijelle Kraft  
• [rkraft@csc.csiu.org](mailto:rkraft@csc.csiu.org)



Center for Schools & Communities  
275 Grandview Avenue, Suite 200  
Camp Hill, Pennsylvania 17011  
Phone: 717-763-1661  
[www.center-school.org/pa-pirc](http://www.center-school.org/pa-pirc)





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## Strengthening Families Protective Factors Framework Resources

### More Information about the SFPF Framework:

- *Center for the Study of Social Policy* – includes fact sheets, the logic model and research about the SFPF Framework. [www.cssp.org/reform/strengthening-families](http://www.cssp.org/reform/strengthening-families)
- *National Alliance of Children's Trust and Prevention Funds* – free online training modules. [www.ctfalliance.org/onlinetraining.htm](http://www.ctfalliance.org/onlinetraining.htm)
- *Child Welfare Information Gateway* – provides links to research briefs and the annual Prevention Resource Guide. [www.childwelfare.gov/preventing/promoting/protectfactors](http://www.childwelfare.gov/preventing/promoting/protectfactors)
- *FRIENDS National Resource Center* – includes resources for child abuse prevention and the Protective Factors Survey. [www.friendsnrc.org](http://www.friendsnrc.org)
- *What Makes Your Family Strong* – download posters about the SFPF Framework. [www.whatmakesyourfamilystrong.org](http://www.whatmakesyourfamilystrong.org)

### More Information about Cafés:

- *Center for the Study of Social Policy* - Café Overview and Fidelity Checklist [www.cssp.org/reform/strengtheningfamilies/practice/body/CAFE-OVERVIEW-2015.pdf](http://www.cssp.org/reform/strengtheningfamilies/practice/body/CAFE-OVERVIEW-2015.pdf)
- *Be Strong Families* – an initiative from Illinois with a myriad of resources including information about Parent Cafés. [www.bestrongfamilies.net](http://www.bestrongfamilies.net)
- *Zero to Three* – Caring Conversations Café Model [www.zerotothree.org/resources/657-caring-conversations-cafe-model-facilitator-guide](http://www.zerotothree.org/resources/657-caring-conversations-cafe-model-facilitator-guide)
- *Community Cafés* – information from the National Alliance of Children's Trust and Prevention Funds on implementing Community Cafés. [www.ctfalliance.org/initiative\\_parents-2.htm](http://www.ctfalliance.org/initiative_parents-2.htm)
- *The Community Café* – an online learning community focused on the use of cafés to strengthen families. [www.thecommunitycafe.com](http://www.thecommunitycafe.com)
- *The World Café* – includes information about using World Cafés, the model on which Parent and Community Cafés are based. [www.theworldcafe.com](http://www.theworldcafe.com)

### Pennsylvania Resources

- *Strengthening Families Pennsylvania* – find out more about the work of the state leadership team. [www.pa-strengthening-families.org](http://www.pa-strengthening-families.org)
- *Pennsylvania Family Support Alliance* – includes information about child abuse and neglect and resources for prevention. [www.pa-fsa.org](http://www.pa-fsa.org)
- *Prevent Child Abuse PA* – Includes a variety of resources for parents and practitioners to prevent child abuse. [preventchildabusepa.org](http://preventchildabusepa.org)

