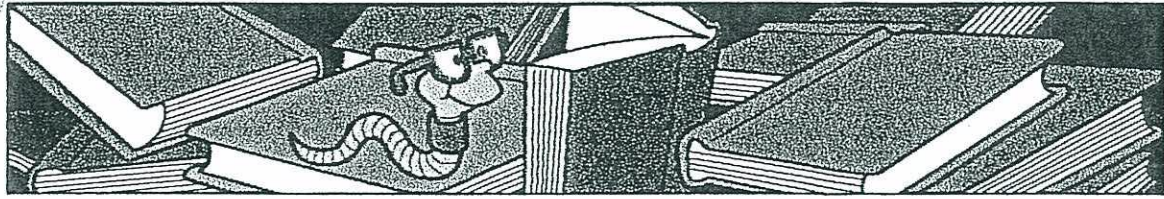


Hands on Projects To Help Your School-Age Child



Lori Blair, Title I Teacher, Wilmington Area School District

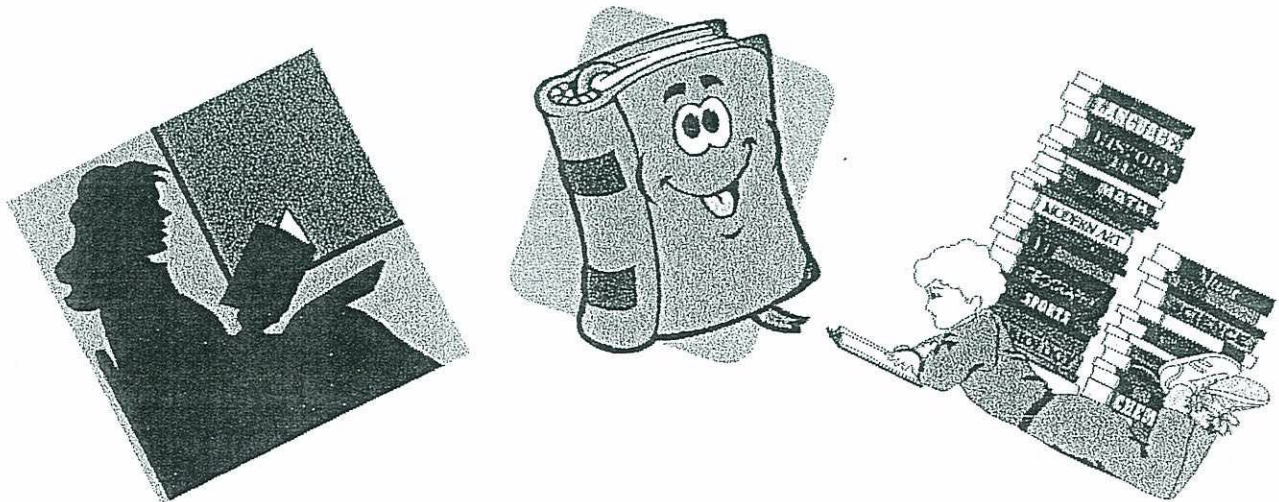
Barbara Sudzina, Head Teacher/ Grade 1 Teacher Wilmington Area
School District



Reading Aloud With Your Child

- 1.) The more enthusiasm you display, the more your child will enjoy the book.
- 2.) Run your finger underneath the words as you read to signal that the print carries the story.
- 3.) Encourage your child to find things in the pictures. He or she may use the pictures to make guesses about what might happen next.
- 4.) Invite your child to join in whenever there's a repeated phrase in the text.
- 5.) Link events in the story with similar events in your child's life.
- 6.) If your child asks a question, stop and answer it. The book can be a means to learning more about your child's thoughts.

The support of your attention and praise is absolutely crucial to your child's continuing efforts to learn to read. You are your child's first teacher...and the most important one! PRAISE! PRAISE! PRAISE!



Dear Parents,

Here is a list of activities to improve fine motor coordination. I hope you find these suggestions helpful. Improved fine motor skills will help your child complete his/her work more easily.

Thank you.

Suggested Activities:

1. Pick up a pencil and roll it between thumb and fingers.
2. Crumple a sheet of newspaper into a ball in your hand, using only one hand.
3. Turn pages of a magazine or book.
4. Use hand to place seeds for gardening, pulling off dead leaves.
5. Cut paper with scissors.
6. Flick paper balls or small objects with your fingers at or into a target.
7. Practice buttoning and unbuttoning.
8. Pick up pennies, coins or buttons and put them in a bank, or any container with a slot cut out on top.
9. Use play dough or flour dough to roll round balls, marble size, with your fingers.
10. Fold Laundry
11. Dial the telephone.
12. Peel fruit or vegetables.
13. Butter bread.
14. Type on a typewriter.
15. Screw/unscrew nuts and bolts.
16. Keep time to music with your fingers.
17. Tie a 12-inch piece of string in as many knots as possible.
18. Untie the knots.
19. Pick up straight pins and put them in a pin cushion.
20. Play checkers or chess.
21. Play the piano.
22. Knit/crochet, sew or do needlework.
23. Complete a jigsaw puzzle.
24. Dry and sort silverware.
25. Screw/unscrew a light bulb.
26. Write a letter. Fold the letter and put it in an envelope.
27. Tie your shoes.
28. Clip paper together with paper clips, use rubber bands to organize cards.
29. Screw/unscrew jar lids of various sizes.
30. Cut out coupons from the newspaper.

31. Lay cards out flat on table. As quickly as you can, turn them over, one at a time.
32. Picks up small coins as above, however, keep coins in our hand as you continue to pick up the remaining coins. Once all are picked up, replace on table one at a time.
33. Put small odds and ends into a container filled with rice. Remove these objects attempting to keep all the rice in the container. Try with eyes both open and closed.
34. Wrap birthday and Christmas presents.
35. Hang laundry out on a clothesline.
36. Use your hand to squeeze out the water from a dishcloth or washcloth, trying to manipulate the cloth with only one hand.
37. Lay hand flat on hard surface. Keeping hand flat, slide fingers as far apart as possible. Hold. Slide fingers back together.
38. Lay hand flat on hard surface. Lift one finger up off the surface keeping the other fingers flat. Repeat for other fingers.
39. Touch thumb to one finger at a time, as quickly as possible.
- *40. Keep fingers straight at the first joint. Bend at other joints trying to touch palm. Straighten, keeping first joint still.
- *41. Bend at joint #1. Keep joint still. Bend at joint #2 and #3, trying to touch palm. Keeping joint #1 still and straightening joint #2 and #3.

