Once Upon A Time . . .

- In reflecting upon bullying from “your school days”, what memories do you have?
- Share Out
- Discuss with your partner(s) how bullying today is different or the same.

**VIDEO CLIP**

Current Statistics

- 23% of elementary students report being bullied monthly.
- Recent bullying stats report that half of all incidents go unreported.
- 100,000 nationally students have reported carrying a gun to school due to bullying fears.
- 28% of youth who carry weapons have witnessed violence at home.
- Teenagers say that revenge is the strongest motivation for school shootings…87% stated that shootings are motivated by desire to “get back” at those who bullied them.
Statistics continued

- 1 out of 4 students will be bullied in their school career.
- Each day 160,000 students miss school for fear of being bullied.
- 43% of students fear harassment in the bathroom at school.
- On the school playground, every 7 minutes a child is bullied. Adult intervention is 4% of the time, peer is 11%, and no intervention is 85%.
- 26% of females and 46% of males report they have been in physical fights at school.

Definition of Bullying

“A person is bullied when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more other persons, and he or she has difficulty defending him/herself.”

Bullying Circle

*The student who bullies*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
*
Major Power Players in Bullying

Bystander
One being Bullied
Defender
Bully

Which one were you?

WHY?

Students who bully have strong needs for power and (negative) dominance; they seem to enjoy being “in control” and subduing others.

Students who bully find satisfaction in causing injury and suffering to other students. This is at least partly due to the environment at home, which may have caused hostility within the student.

Students who bully are often rewarded in some way for their behavior. This could be material or psychological rewards, such as forcing the student who is bullied to give them money or steal for them, or enjoying the attention, status, and prestige they are granted from other students because of their behavior.

Myths About Bullying

- Myth: Very Few Students Are Bullied
- Myth: Most Bullying Is Physical In Nature
- Myth: Only Boys Bully
- Myth: Bullying Happens More Often Outside Of School Than In School
- Myth: Students Who Bully Others Are Anxious and Insecure and Have Low Self Esteem
- Myth: Bullying Is Mostly An Urban Problem
- Myth: Bullying Happens More Often in Large Schools and Large Classes
Special Bullying Issues

- Children with Behavior or Conduct Problems – more often bully
- Children with Disabilities, Special Needs and Health Problems – more often are bullied
- Cyber-Bullying – cell phones, texting, cameras, myspace, facebook
- Bullying Based on Sexual Orientation- GLBTQ

9 Specific Forms of Bullying

1. verbal
2. socially excluded or isolated
3. manipulation of friends
4. physical
5. bullied through lies and/or false rumors
6. having money or other things taken or damaged
7. being threatened or forced to do things
8. racial bullying
9. sexual bullying
10. cyber-bullying (via cell phone or internet)

Signs of Students Who are being Bullied

1. Submissive Victim:
   - cautious, sensitive, quiet, withdrawn, shy
   - anxious, insecure, unhappy, low self-esteem
   - depressed, engaged in suicidal ideations
   - often physically weaker and in particular weaker than those who bully
   - Provocative Victim
     - Are students who participate in both being bullied and demonstrating bully behaviors
     - Low self esteem, aggressive
     - Depressed, yet hyperactive
     - Isolated and impulsive
Characteristics of Students Who Bully

- Have a positive attitude toward violence and the use of violent means
- Strong need to dominate and subdue other students
- Must get their own way
- Impulsive and easily angered
- Little empathy
- Can be aggressive toward adults
- Involved in rule-breaking activities
- More likely to report owning a gun for risky reasons, such as to gain respect or to frighten others

Trends in Why Students Bully

- Parents of children are not involved in their children's lives, who lack warmth and positive involvement
- Parents have not set clear limits on their child's aggressive behavior
- Parents allow acting out aggressively toward siblings and other children
- Give physical punishments and other power assertive methods of child rearing
- Children may have witnessed domestic violence
- Have been exposed to violence in the media

The Major Role of empathy

- Taught skill
- It is a choice
- Three second process
Q & A

Thank you for joining us!